



14. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

**Krellig, Marcus**

Club: LSV Ilmenau  
 Number: 406

Course: 18.50 km  
 Lange Strecke

Category:  
 Senioren M50 (50-54 Jahre)

Total time: 1:45:01

Speed: 10.28 km/h  
 Running performance: 5:41 min/km

Rank in course/Total: 124 (of 173)

Rank in course/Men: 111 (of 140)

Best time in course: 1:06:14

Rank in category: 17(of 22)

Best time in the category: 1:15:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	9.30	51:54	5:34	18	15:01	117	19:24	9.30	51:54	5:34	18	15:01	117	19:24
Control	9.00	52:02	5:46	15	13:49	104	19:00	18.30	1:43:56	5:40	17	28:50	111	38:24
Finish	0.20	1:05	5:24	18	0:17	114	0:28	18.50	1:45:01	5:40	17	29:07	111	38:47