



14. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

WOLTER, Steffen

Club: 100 Champions für Thüringen e.V.
 Number: 451

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M50 (50-54 Jahre)

Total time: 1:46:40

Speed: 10.13 km/h
 Running performance: 5:46 min/km

Rank in course/Total: 129 (of 173)

Rank in course/Men: 113 (of 140)

Best time in course: 1:06:14

Rank in category: 18(of 22)

Best time in the category: 1:15:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	9.30	52:37	5:39	20	15:44	120	20:07	9.30	52:37	5:39	20	15:44	120	20:07
Control	9.00	53:01	5:53	17	14:48	112	19:59	18.30	1:45:38	5:46	18	30:32	113	40:06
Finish	0.20	1:02	5:10	14	0:14	100	0:25	18.50	1:46:40	5:45	18	30:46	113	40:26