



14. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

HENNICKE, Anne - Kathleen

Club: Team Kyffhäuser
 Number: 391

Course: 18.50 km
 Lange Strecke

Category:
 Frauen (20-29 Jahre)

Total time: 1:48:04

Speed: 9.99 km/h
 Running performance: 5:50 min/km

Rank in course/Total: 136 (of 173)

Rank in course/Women: 20 (of 33)

Best time in course: 1:17:32

Rank in category: 4(of 5)

Best time in the category: 1:38:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Control	9.30	52:14	5:36	3	17	4:22	14:36	9.30	52:14	5:36	3	17	4:22	14:36
Control	9.00	54:39	6:04	4	23	5:23	15:35	18.30	1:46:53	5:50	4	20	9:45	30:11
Finish	0.20	1:11	5:54	4	28	0:23	0:23	18.50	1:48:04	5:50	4	20	9:56	30:32