



14. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

HENNICKE, Anne - Kathleen

Club: Team Kyffhäuser  
 Number: 391

Course: 18.50 km  
 Lange Strecke

Category:  
 Frauen (20-29 Jahre)

Total time: 1:48:04

Speed: 9.99 km/h  
 Running performance: 5:50 min/km

Rank in course/Total: 136 (of 173)

Rank in course/Women: 20 (of 33)

Best time in course: 1:17:32

Rank in category: 4(of 5)

Best time in the category: 1:38:08

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|---------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
|         |          |            |              | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Control | 9.30     | 52:14      | 5:36         | 3           | 4:22        | 17        | 14:36        | 9.30          | 52:14      | 5:36         | 3        | 4:22        | 17        | 14:36        |
| Control | 9.00     | 54:39      | 6:04         | 4           | 5:23        | 23        | 15:35        | 18.30         | 1:46:53    | 5:50         | 4        | 9:45        | 20        | 30:11        |
| Finish  | 0.20     | 1:11       | 5:54         | 4           | 0:23        | 28        | 0:23         | 18.50         | 1:48:04    | 5:50         | 4        | 9:56        | 20        | 30:32        |