



14. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Voigt, Michael

Club: Suhl
 Number: 512

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M40 (40-44 Jahre)

Total time: 1:49:25

Speed: 9.87 km/h
 Running performance: 5:55 min/km

Rank in course/Total: 143 (of 173)

Rank in course/Men: 120 (of 140)

Best time in course: 1:06:14

Rank in category: 12(of 13)

Best time in the category: 1:10:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	9.30	51:19	5:31	12	16:42	115	18:49	9.30	51:19	5:31	12	16:42	115	18:49
Control	9.00	56:56	6:19	13	22:11	127	23:54	18.30	1:48:15	5:54	12	38:53	120	42:43
Finish	0.20	1:10	5:49	13	0:25	124	0:33	18.50	1:49:25	5:54	12	39:18	120	43:11