



14. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

GÖLITZ, André

Club: Ilmenau
 Number: 383

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M30 (30-34 Jahre)

Total time: 2:01:36

Speed: 8.88 km/h
 Running performance: 6:34 min/km

Rank in course/Total: 164 (of 173)

Rank in course/Men: 134 (of 140)

Best time in course: 1:06:14

Rank in category: 17(of 17)

Best time in the category: 1:06:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	9.30	59:16	6:22	17	26:46	134	26:46	9.30	59:16	6:22	17	26:46	134	26:46
Control	9.00	1:01:07	6:47	17	28:05	134	28:05	18.30	2:00:23	6:34	17	54:51	134	54:51
Finish	0.20	1:13	6:04	17	0:31	129	0:36	18.50	2:01:36	6:34	17	55:22	134	55:22