



14. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

**THURM, Ingo**

Club: sc impuls Erfurt  
Number: 157

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M45 (45-49 Jahre)

Total time: 33:12

Speed: 16.27 km/h  
Running performance: 3:34 min/km

Rank in course/Total: 3 (of 325)

Rank in course/Men: 3 (of 217)

Best time in course: 31:13

Rank in category: 1(of 28)

Best time in the category: 33:12