



14. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

**PFEUFFER, Jörg**

Club: USV Erfurt  
Number: 107

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M30 (30-34 Jahre)

Total time: 40:52

Speed: 13.21 km/h  
Running performance: 4:23 min/km

Rank in course/Total: 50 (of 325)

Rank in course/Men: 48 (of 217)

Best time in course: 31:13

Rank in category: 5(of 12)

Best time in the category: 32:05