



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

Crößmann, Sina

Club: Training im Freien
Number: 2941

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 46:42

Speed: 12.85 km/h
Running performance: 4:40 min/km

Rank in course/Total: 45 (of 205)

Rank in course/Women: 4 (of 71)

Best time in course: 42:46

Rank in category: 3(of 14)

Best time in the category: 44:15