



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

THIEME, Simon

Club: TV RENDEL

Number: 2843

Course: 10.00 km

10 km - Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 49:57

Speed: 12.01 km/h

Running performance: 5:00 min/km

Rank in course/Total: 63 (of 205)

Rank in course/Men: 54 (of 134)

Best time in course: 33:11

Rank in category: 6(of 8)

Best time in the category: 37:34