



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

Kaiser, Manfred

Club: P und G Running
Number: 444

Course: 10.00 km
10 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 50:29

Speed: 11.89 km/h
Running performance: 5:03 min/km

Rank in course/Total: 66 (of 205)

Rank in course/Men: 57 (of 134)

Best time in course: 33:11

Rank in category: 4(of 16)

Best time in the category: 42:52