



28. Karbener Stadtlauf  
Klein-Karben / 13.08.2017

Detailed evaluation

Grolik, Björn

Club: Bad Vilbel

Number: 1430

Course: 5.40 km

Jedermannlauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 25:23

Speed: 11.82 km/h

Running performance: 4:42 min/km

Rank in course/Total: 12 (of 71)

Rank in course/Men: 11 (of 33)

Best time in course: 20:35

Rank in category: 3(of 3)

Best time in the category: 20:35