



28. Karbener Stadtlauf  
Klein-Karben / 13.08.2017

Detailed evaluation

**PLAGEMANN, Max**

Club: ohne  
Number: 2819

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 44:45

Speed: 13.41 km/h  
Running performance: 4:28 min/km

Rank in course/Total: 35 (of 205)

Rank in course/Men: 32 (of 134)

Best time in course: 33:11

Rank in category: 6(of 20)

Best time in the category: 38:45