



28. Karbener Stadtlauf  
Klein-Karben / 13.08.2017

Detailed evaluation

**TRUMPFHELLER, Bastian**

Club: Zensrunning  
Number: 2846

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 51:58

Speed: 11.55 km/h  
Running performance: 5:12 min/km

Rank in course/Total: 76 (of 205)

Rank in course/Men: 65 (of 134)

Best time in course: 33:11

Rank in category: 9(of 20)

Best time in the category: 38:45