



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

ABEL, Mirja

Club: Keiner

Number: 1508

Course: 10.00 km

10 km - Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 54:47

Speed: 10.95 km/h

Running performance: 5:29 min/km

Rank in course/Total: 95 (of 205)

Rank in course/Women: 20 (of 71)

Best time in course: 42:46

Rank in category: 3(of 12)

Best time in the category: 42:46