



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

BRÜNING, Björn

Club: TV 1897 Rendel e. V.
Number: 1362

Course: 5.40 km
Jedermannlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 26:43

Speed: 11.23 km/h
Running performance: 4:57 min/km

Rank in course/Total: 16 (of 71)

Rank in course/Men: 15 (of 33)

Best time in course: 20:35

Rank in category: 2(of 5)

Best time in the category: 23:05