



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

LARA, Cynthia

Club: California

Number: 2797

Course: 10.00 km

10 km - Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 55:04

Speed: 10.90 km/h

Running performance: 5:31 min/km

Rank in course/Total: 99 (of 205)

Rank in course/Women: 22 (of 71)

Best time in course: 42:46

Rank in category: 7(of 14)

Best time in the category: 44:15