



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

Roos, Christoph

Club: Frankfurt
Number: 2918

Course: 10.00 km
10 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 55:35

Speed: 10.79 km/h
Running performance: 5:34 min/km

Rank in course/Total: 103 (of 205)

Rank in course/Men: 78 (of 134)

Best time in course: 33:11

Rank in category: 13(of 20)

Best time in the category: 38:45