



28. Karbener Stadtlauf  
Klein-Karben / 13.08.2017

Detailed evaluation

**SIERLEJA, Lukas**

Club: Ohne  
Number: 2840

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 55:56

Speed: 10.73 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 106 (of 205)

Rank in course/Men: 81 (of 134)

Best time in course: 33:11

Rank in category: 14(of 20)

Best time in the category: 38:45