



28. Karbener Stadtlauf  
Klein-Karben / 13.08.2017

Detailed evaluation

**BEUG, Nadine**

Club: Adidas Runners Frankfurt  
Number: 2756

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 56:02

Speed: 10.71 km/h  
Running performance: 5:36 min/km

Rank in course/Total: 108 (of 205)

Rank in course/Women: 27 (of 71)

Best time in course: 42:46

Rank in category: 9(of 14)

Best time in the category: 44:15