



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

HÖHNE, Sebastian

Club: OCR FRA
Number: 2780

Course: 10.00 km
10 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 56:28

Speed: 10.63 km/h
Running performance: 5:39 min/km

Rank in course/Total: 111 (of 205)

Rank in course/Men: 83 (of 134)

Best time in course: 33:11

Rank in category: 15(of 20)

Best time in the category: 38:45