



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

Van Steen, Sascha

Club: Reichelsheim
Number: 2920

Course: 10.00 km
10 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 56:42

Speed: 10.58 km/h
Running performance: 5:40 min/km

Rank in course/Total: 118 (of 205)

Rank in course/Men: 88 (of 134)

Best time in course: 33:11

Rank in category: 7(of 8)

Best time in the category: 37:34