



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

Grünwald, Lars

Club: TV Mörlen

Number: 435

Course: 10.00 km

10 km - Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 57:41

Speed: 10.40 km/h

Running performance: 5:46 min/km

Rank in course/Total: 127 (of 205)

Rank in course/Men: 94 (of 134)

Best time in course: 33:11

Rank in category: 17(of 20)

Best time in the category: 38:45