



28. Karbener Stadtlauf  
Klein-Karben / 13.08.2017

Detailed evaluation

LISCHEWSKI, Johann

Club: ADFC Bad Vilbel  
Number: 2803

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 58:35

Speed: 10.24 km/h  
Running performance: 5:52 min/km

Rank in course/Total: 133 (of 205)

Rank in course/Men: 97 (of 134)

Best time in course: 33:11

Rank in category: 2(of 5)

Best time in the category: 50:35