



28. Karbener Stadtlauf  
Klein-Karben / 13.08.2017

Detailed evaluation

QUIATEK, Lothar

Club: ohne Verein

Number: 2821

Course: 10.00 km

10 km - Lauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 59:07

Speed: 10.15 km/h

Running performance: 5:55 min/km

Rank in course/Total: 138 (of 205)

Rank in course/Men: 101 (of 134)

Best time in course: 33:11

Rank in category: 3(of 5)

Best time in the category: 50:35