



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

Jaux, Birgit

Club: Bad Vilbel

Number: 439

Course: 10.00 km

10 km - Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:00:18

Speed: 9.95 km/h

Running performance: 6:02 min/km

Rank in course/Total: 147 (of 205)

Rank in course/Women: 42 (of 71)

Best time in course: 42:46

Rank in category: 6(of 8)

Best time in the category: 53:59