



28. Karbener Stadtlauf  
Klein-Karben / 13.08.2017

Detailed evaluation

Hanke, Jens

Club: Bad Vilbel  
Number: 440

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:00:16

Speed: 9.96 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 146 (of 205)

Rank in course/Men: 105 (of 134)

Best time in course: 33:11

Rank in category: 14(of 17)

Best time in the category: 43:04