



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

Seyffer, Elke

Number: 2859

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:01:40

Speed: 9.73 km/h

Running performance: 6:10 min/km

Rank in course/Total: 154 (of 205)

Rank in course/Women: 46 (of 71)

Best time in course: 42:46

Rank in category: 7(of 10)

Best time in the category: 47:10