



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

Seifert, Björn

Club: TC Cala D'Or
Number: 2876

Course: 10.00 km
10 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:02:47

Speed: 9.56 km/h
Running performance: 6:17 min/km

Rank in course/Total: 161 (of 205)

Rank in course/Men: 113 (of 134)

Best time in course: 33:11

Rank in category: 13(of 18)

Best time in the category: 42:44