



28. Karbener Stadtlauf  
Klein-Karben / 13.08.2017

Detailed evaluation

Löwer, Bokja

Club: TSV 08 Gräven Wiesbach  
Number: 2887

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W75 (75-79 Jahre)

Total time: 1:03:17

Speed: 9.48 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 164 (of 205)

Rank in course/Women: 50 (of 71)

Best time in course: 42:46

Rank in category: 1(of 1)

Best time in the category: 1:03:17