



28. Karbener Stadtlauf  
Klein-Karben / 13.08.2017

Detailed evaluation

Alfsmann, Stefanie

Club: Frankfurt

Number: 2885

Course: 10.00 km

10 km - Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:03:40

Speed: 9.42 km/h

Running performance: 6:22 min/km

Rank in course/Total: 166 (of 205)

Rank in course/Women: 51 (of 71)

Best time in course: 42:46

Rank in category: 7(of 9)

Best time in the category: 51:21