



28. Karbener Stadtlauf  
Klein-Karben / 13.08.2017

Detailed evaluation

Krause, Bernd

Club: TSG Altenhain

Number: 448

Course: 10.00 km

10 km - Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:06:00

Speed: 9.09 km/h

Running performance: 6:36 min/km

Rank in course/Total: 182 (of 205)

Rank in course/Men: 121 (of 134)

Best time in course: 33:11

Rank in category: 14(of 16)

Best time in the category: 42:52