



28. Karbener Stadtlauf  
Klein-Karben / 13.08.2017

Detailed evaluation

HOCK, Werner

Club: TSG Altenhain  
Number: 2779

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 1:06:27

Speed: 9.03 km/h  
Running performance: 6:38 min/km

Rank in course/Total: 183 (of 205)

Rank in course/Men: 123 (of 134)

Best time in course: 33:11

Rank in category: 5(of 5)

Best time in the category: 50:35