



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

Hagedorn, Helena

Club: Ibbenbüren
Number: 2863

Course: 10.00 km
10 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 1:07:41

Speed: 8.86 km/h
Running performance: 6:46 min/km

Rank in course/Total: 188 (of 205)

Rank in course/Women: 63 (of 71)

Best time in course: 42:46

Rank in category: 7(of 7)

Best time in the category: 49:02