



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

Bleifeld, Dirk

Club: TSG Altenhain
Number: 446

Course: 10.00 km
10 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:14:22

Speed: 8.07 km/h
Running performance: 7:26 min/km

Rank in course/Total: 201 (of 205)

Rank in course/Men: 131 (of 134)

Best time in course: 33:11

Rank in category: 16(of 16)

Best time in the category: 42:52