



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

STEINERT, Ralf

Club: TSV Nieder-Mörlen
Number: 2398

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:31:42

Speed: 13.74 km/h
Running performance: 4:21 min/km

Rank in course/Total: 22 (of 151)

Rank in course/Men: 20 (of 124)

Best time in course: 1:16:09

Rank in category: 3(of 14)

Best time in the category: 1:26:12