



28. Karbener Stadtlauf  
Klein-Karben / 13.08.2017

Detailed evaluation

**JAKOB, Thomas**

Club: Westerwaldrunners  
Number: 2317

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:38:41

Speed: 12.77 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 42 (of 151)

Rank in course/Men: 38 (of 124)

Best time in course: 1:16:09

Rank in category: 5(of 12)

Best time in the category: 1:16:09