



28. Karbener Stadtlauf  
Klein-Karben / 13.08.2017

Detailed evaluation

**MEYER, Sebastian**

Club: ALC Sport Team  
Number: 1389

Course: 5.40 km  
Jedermannlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 21:24

Speed: 14.02 km/h  
Running performance: 3:58 min/km

Rank in course/Total: 2 (of 71)

Rank in course/Men: 2 (of 33)

Best time in course: 20:35

Rank in category: 1(of 3)

Best time in the category: 21:24