



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

Ernst, Gerhard

Club: Hohe Mark

Number: 1419

Course: 5.40 km

Jedermannlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 33:31

Speed: 8.95 km/h

Running performance: 6:13 min/km

Rank in course/Total: 39 (of 71)

Rank in course/Men: 27 (of 33)

Best time in course: 20:35

Rank in category: 4(of 5)

Best time in the category: 23:05