



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

Phatou, Ronglong

Club: johanniter
Number: 1416

Course: 5.40 km
Jedermannlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 34:24

Speed: 8.72 km/h
Running performance: 6:22 min/km

Rank in course/Total: 42 (of 71)
Rank in course/Women: 14 (of 38)
Best time in course: 23:26

Rank in category: 2(of 5)
Best time in the category: 32:21