



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

RÜDIGER, Sonja

Club: Showtanzgruppe Elle´ments
Number: 1402

Course: 5.40 km
Jedermannlauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 35:22

Speed: 8.48 km/h
Running performance: 6:33 min/km

Rank in course/Total: 47 (of 71)
Rank in course/Women: 18 (of 38)
Best time in course: 23:26

Rank in category: 5(of 10)
Best time in the category: 23:26