



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

Jacobs, Frank

Club: FW Aschaffenburg
Number: 2917

Course: 10.00 km
10 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 42:04

Speed: 14.26 km/h
Running performance: 4:13 min/km

Rank in course/Total: 16 (of 205)

Rank in course/Men: 16 (of 134)

Best time in course: 33:11

Rank in category: 3(of 19)

Best time in the category: 33:11