



28. Karbener Stadtlauf
Klein-Karben / 13.08.2017

Detailed evaluation

Faria da Graca, Luis Miguel

Club: TV Seulberg

Number: 455

Course: 10.00 km

10 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 43:56

Speed: 13.66 km/h

Running performance: 4:23 min/km

Rank in course/Total: 29 (of 205)

Rank in course/Men: 28 (of 134)

Best time in course: 33:11

Rank in category: 2(of 18)

Best time in the category: 42:44