



Karostas STIRNU BUKS

Liepaja / 21.10.2017

## Detailed evaluation

Promberga, Monta

Club: CrossFit Rīdzene 1

Number: 3435

Course: 12.70 km

Zakis

Category:

SZ1

Total time: 1:35:26

Speed: 7.54 km/h

Rank in course/Total: 544 (of 778)

Rank in course/Women: 198 (of 378)

Best time in course: 21:04

Rank in category: 5(of 6)

Best time in the category: 1:07:24

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Women	Behind Women	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
102	-	35:23	-	5	13:12	167	14:48	-	35:23	-	5	13:12	167	14:48
Sprint Start	-	52:28	-	5	13:23	202	41:52	-	1:27:51	-	5	26:01	195	1:17:15
Sprint Finish	-	0:58	-	3	0:09	92	0:28	-	1:28:49	-	5	26:05	190	1:16:37
Finish	-	6:37	-	5	2:17	224	6:37	12.70	1:35:26	-	5	28:02	198	1:14:22