



Karostas STIRNU BUKS

Liepaja / 21.10.2017

Detailed evaluation

Promberga, Sniga

Club: CrossFit Rīdzene 1

Number: 3072

Course: 12.70 km

Zakis

Category:

SZ3

Total time: 1:27:57

Speed: 8.19 km/h

Rank in course/Total: 401 (of 778)

Rank in course/Women: 110 (of 378)

Best time in course: 21:04

Rank in category: 93(of 333)

Best time in the category: 21:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
102	-	33:13	-	97	116	12:38	12:38	-	33:13	-	97	116	12:38	12:38
Sprint Start	-	47:50	-	94	110	37:14	37:14	-	1:21:03	-	93	110	1:10:27	1:10:27
Sprint Finish	-	1:04	-	109	128	0:31	0:34	-	1:22:07	-	93	110	1:09:55	1:09:55
Finish	-	5:50	-	113	131	5:50	5:50	12.70	1:27:57	-	93	110	1:06:53	1:06:53