



37. Kienberglauf
Oehrenstock / 01.10.2017

Detailed evaluation

HERMANN, Karsten

Club: Ilmenau
Number: 821

Course: 16.00 km
16 km Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:11:40

Speed: 13.40 km/h
Running performance: 4:29 min/km

Rank in course/Total: 4 (of 18)

Rank in course/Men: 4 (of 13)

Best time in course: 1:00:14

Rank in category: 2(of 3)

Best time in the category: 1:02:43