



37. Kienberglauf
Oehrenstock / 01.10.2017

Detailed evaluation

RÖDER, Katja

Club: RSV Adler Arnstadt
Number: 825

Course: 16.00 km
16 km Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:18:05

Speed: 12.29 km/h
Running performance: 4:53 min/km

Rank in course/Total: 5 (of 18)

Rank in course/Women: 1 (of 5)

Best time in course: 1:18:05

Rank in category: 1(of 1)

Best time in the category: 1:18:05