



37. Kienberglauf
Oehrenstock / 01.10.2017

Detailed evaluation

JAHN, Heide

Club: Ilmenau
Number: 717

Course: 11.00 km
11 km Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:28:33

Speed: 7.45 km/h
Running performance: 8:03 min/km

Rank in course/Total: 20 (of 21)

Rank in course/Women: 6 (of 6)

Best time in course: 51:40

Rank in category: 2(of 2)

Best time in the category: 1:05:21