



37. Kienberglauf
Oehrenstock / 01.10.2017

Detailed evaluation

SPILLING, Jochen

Club: Amt wachsenburg
Number: 707

Course: 11.00 km
11 km Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:34:47

Speed: 6.96 km/h
Running performance: 8:37 min/km

Rank in course/Total: 21 (of 21)

Rank in course/Men: 15 (of 15)

Best time in course: 45:39

Rank in category: 1(of 1)

Best time in the category: 1:34:47