



17. Kirschlauf  
Kleinfahner / 18.06.2017

Detailed evaluation

HELHING, Katrin

Club: Unstrutläufer  
Number: 43

Course: 14.15 km  
Hauptlauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:43:04

Speed: 8.15 km/h  
Running performance: 7:17 min/km

Rank in course/Total: 154 (of 164)

Rank in course/Women: 29 (of 35)

Best time in course: 1:01:43

Rank in category: 5(of 5)

Best time in the category: 1:21:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle	8.63	1:04:07	7:25	1	-	6	25:13	8.63	1:04:07	7:25	1	-	6	25:13
Finish	5.52	38:57	7:03	1	-	5	16:08	14.15	1:43:04	7:17	5	21:53	29	41:21