



17. Kirschlauf  
Kleinfahrer / 18.06.2017

Detailed evaluation

Jacob, Jens-Oliver

Club: Oskars Läufer Gebesee  
Number: 145

Course: 14.15 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:23:59

Speed: 10.11 km/h  
Running performance: 5:56 min/km

Rank in course/Total: 109 (of 164)

Rank in course/Men: 96 (of 129)

Best time in course: 49:27

Rank in category: 15(of 18)

Best time in the category: 1:00:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	8.63	52:28	6:04	3	5:30	20	18:30	8.63	52:28	6:04	3	5:30	20	18:30
Finish	5.52	31:31	5:42	2	3:51	18	11:48	14.15	1:23:59	5:56	15	23:10	96	34:32